



Inland Caregiver Resource Center

1430 E. Cooley Drive, Suite 240, Colton, CA 92324

(800) 675-6694 phone, (909) 514-1613 fax

Website: www.inlandcaregivers.org Email: info@inlandcaregivers.org

Referral Form

Instructions: 1. Discuss Inland Caregiver Resource Center services with the client 2. Fill out the form in its entirety. 3. Fax or e-mail form to Inland Caregiver Resource Center.

Referring Organizations Information

Referral Date: _____ Agency: _____ Name: _____

Phone #: _____ Email: _____

Reason for the Referral: Family Caregiver Services

- Respite
- Support Groups
- Classes
- Emotional Support
- Other: _____

Senior Services (age 60+)

- In-Home Assistance*
- Adult Day Care
- Other: _____

*If referred senior resides in Riverside county and is requesting in home assistance, please refer them to Help Link with Riverside Office on Aging 877-932-4100

Programs for Seniors in Riverside County:

PEARLS and Thrive are evidence-based approaches to reduce depressive symptoms and improve the quality life for the seniors who participate. Referrals can be made to both programs.

PEARLS

PEARLS consist of 6-8 meetings to empower individuals to take action through problem solving.

Thrive

Thrive consists of 16-20 sessions of talk therapy to increase positive thoughts, feelings and actions.

Family Caregiver Information

Name: _____ Phone#: _____ Language: _____

Address: _____ City: _____ State: _____ Zip: _____

Care Receiver or Senior's Information:

Name: _____ Phone#: _____ Language: _____

Address: _____ City: _____ State: _____ Zip: _____

Age: _____ Relation to Caregiver: _____ Lives with Caregiver: Yes No

Additional Information (Preferred date and time to be contacted or other misc. information)

I attest that the above indicated client has given me permission to share their name and phone number with Inland Caregiver Resource Center so that they can be contacted about support and services that may be available to them. *The name and personal information of any person referred to Inland Caregiver Resource Center is kept strictly confidential.*

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